



OpenLife by *Cactus' Air-Class*

Positive Mental Attitude

正向思考態度

13. 第六感 (*The Sixth Sense*)

直觉宇宙论

希尔定义**第六感**为「接收宇宙智能的天线」，并强调：「唯有精通前 12

项原则，才能启动此能力。」其运作特征包括：

1. **突发性**：灵感常在放松时（如沐浴、散步）闪现。
2. **不可逆性**：违背直觉的决策必招致失败。
3. **符号化**：宇宙常透过梦境隐喻传递讯息（如蛇象征风险，鹰代表机会）。

「第六感启蒙仪式」觉醒步骤：

1. **黎明静默**：日出前 1 小时独坐，禁止说话、阅读、书写。
2. **自然共鸣**：每周至少 3 次赤脚踏草地，想象地球能量经脚底流入大脑。
3. **符号辞典**：
 - 建立个人符号译码系统（例：反复出现的数字 7 代表转折点）。
 - 希尔自述：「每当他看见双鹰金币，就知道该扩大投资。」





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4. 危机直觉：

- 面对抉择时，抛硬币并观察「内心希望哪面朝上」，以此为答案。

关键案例解析

<p>案例一：朱尼厄斯·摩根</p> <p>（J.P. 摩根之父）</p> <p>希尔记载，摩根在 1857 年金融恐慌前，因「连续三日梦见黑潮淹没华尔街」，果断撤资避开崩盘，此为第六感的经典展现。</p>	<p>案例二：尼古拉·特斯拉</p> <p>特斯拉向希尔透露，他设计交流电机的前夜，曾梦见「旋转的太阳系模型」，醒后立刻绘制出多相电机草图。</p>
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13. The Sixth Sense

Intuitive cosmology

Hill defines the sixth sense as "an antenna that receives cosmic intelligence" and stresses that "this ability can only be activated if you master the first 12 principles."

Features of its operation include:

1. **Suddenness**: Inspiration often strikes when relaxing (*e.g., bathing, walking*).
2. **Irreversibility**: Decisions made against your instinct will lead to failure.
3. **Symbolization**: The universe often conveys messages through dream metaphors (*e.g., the snake symbolizes risk, and the eagle represents opportunity*).

"Sixth Sense Enlightenment Ritual" Awakening Steps:

1. **Silence at dawn**: sit alone 1 hour before sunrise, and it is forbidden to speak, read, or write.





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2. **Natural Resonance:** Step barefoot on the grass at least 3 times a week and imagine the earth's energy flowing into your brain through the soles of your feet.

3. **Dictionary of Symbols:**

- Establish a personal symbol decoding system (*e.g., the recurring number 7 represents a turning point*).
- Hill says, "Every time he sees a Double Eagle coin, he knows it's time to expand his investment."

4. **Crisis Intuition:**

- When faced with a choice, flip a coin and observe "which side of your heart wants to go up" as the answer.





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Key case analysis

<p>Case 1: Junius Morgan (Father of J.P. Morgan)</p> <p>Before the financial panic of 1857, Morgan wrote, Morgan was "dreaming of the Black Tide flooding Wall Street for three days in a row", decisively divested to avoid the crash, this is a classic display of the sixth sense.</p>	<p>Case 2: Nikola Tesla</p> <p>Tesla revealed to Hill that the night before he designed the AC motor, he had dreamed of a "rotating model of the solar system" and immediately woke up sketching a multiphase motor.</p>
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